

LIFEPREP ACADEMY

Parent Engagement Workshops

for parents and caregivers

Course Description

This training provides parents and caregivers of youth in middle and high school with information and practical strategies designed to **better prepare students for college and careers**. It improves participants' knowledge by giving them access to academic information historically provided by California school guidance counselors.

Course participants learn:

- Academic Planning Strategies
- Financial Aid Options
- College Opportunities
- Post-Secondary Options
- Hyperlinks to Access Important Internet-Based Resources
- Transition Age Youth Resources (foster, homeless, incarcerated, special needs, immigrant youth)
- Reminder devices (*To-Do-Lists, Calendars, Reference Tables, etc.*) to help plan and manage important tasks and deadlines.

Each participant receives the LifePrep Academy: College, Career and Life Planning guide to use during sponsored training and to keep for their own use.

Workshops are available in-person and via web-conferencing.

By the end of the course, participants:

1. Gain confidence in their knowledge of how they can help their child prepare for college, explore majors and careers, and pay for college;
2. Become familiar with UC/CSU entrance requirements for their child's intended major and resources to help them achieve necessary GPA and test scores for acceptance;
3. Know how to help their child develop an academic plan for their college and career goals;
4. Understand how to maximize their use of internet-based education resources; and are
5. Equipped for clear, high quality communication and collaboration with counselors.

WORKSHOP FUNDING OPTIONS:

- Local Control Funding Formula \$\$
- Title I \$\$
- Underwriters/Sponsorship \$\$

To learn more, contact Eric at
310-491-6560 or Eric@educate-ca.org

An impact report is generated from workshop participants' pre and post training survey results.